

Dear Resident,

I am writing to all residents for whom I have contact details, with an update on Covid-19/Coronavirus.

I want to assure you that despite the global pandemic, I am continuing to work hard for our area and offer support for local residents and businesses impacted by the virus.

The Government response to COVID-19 is guided by medical and scientific advice received from the independent Chief Medical Officer and the Chief Scientific Advisor, taking into account information from the NHS and other relevant public bodies. It is fast-moving and Government advice on Coronavirus is subject to change – for the latest information visit [Gov.uk](https://www.gov.uk) and the [Gov.uk COVID-19 page](#).

For residents, I have set-up a dedicated section of my website that I will be keeping up-to-date with all of the latest information and advice I receive in relation to the outbreak of Coronavirus. All the information is from trusted sources and includes advice from central and local Government; the NHS including Public Health England (PHE); and other public bodies and relevant organisations. Visit www.alanmak.org.uk/Covid19 for more information.

In the coming weeks and months we will all have to work together to support each other and our community. That's why I have launched a Local Volunteer Network, compiling a list of local residents who would be willing to support isolated and vulnerable members of the community. These details will be passed onto the relevant authorities or groups when appropriate. The sign-up form can be found on the link below:

Click [here](#) to join my Covid-19 Local Volunteer Network

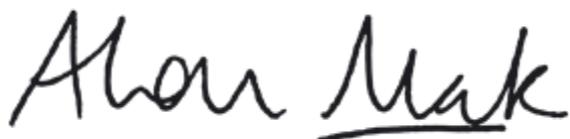
Please be aware any information you give will be passed onto third parties and organisations. By completing the form, you are consenting to your data being given to relevant organisations.

If you, or someone you know, feels unwell with possible COVID-19 symptoms, please use the [online NHS 111 service](#) to check or call NHS 111 if you need to speak to someone.

Current NHS advice is that if you have symptoms stay at home for 7 days. If you live with other people, they should stay at home for 14 days from the day the first person got symptoms.

I wish everyone the very best during this difficult time and I'll continue to provide regular updates. Please forward this email onto friends, family and neighbours and if they wish to subscribe for updates please click [here](#) or visit AlanMak.org.uk/Newsletter.

Best wishes,

A handwritten signature in black ink that reads "Alan Mak". The signature is written in a cursive style with a horizontal line under the name "Mak".

Alan Mak MP

Member of Parliament for Havant

Tel: 0207 219 6266 • Web: alanmak.org.uk

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